

## SOCIAL AND EMOTIONAL LEARNING

Children's literature provides both mirrors and windows for readers. Some books are mirrors, reflecting children's experiences, feelings, and cultures. Other books are windows, giving children an opportunity to see the world through others' eyes. Reading books that reflect our diverse population enhances children's social and emotional development, especially the ability to take the perspective of and empathize with others.

### SELF-AWARENESS

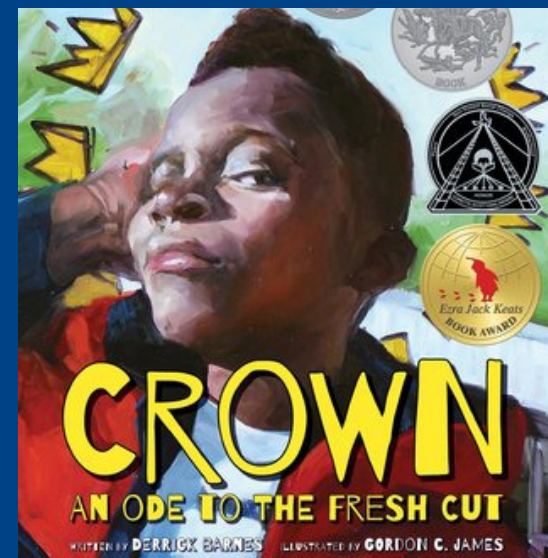
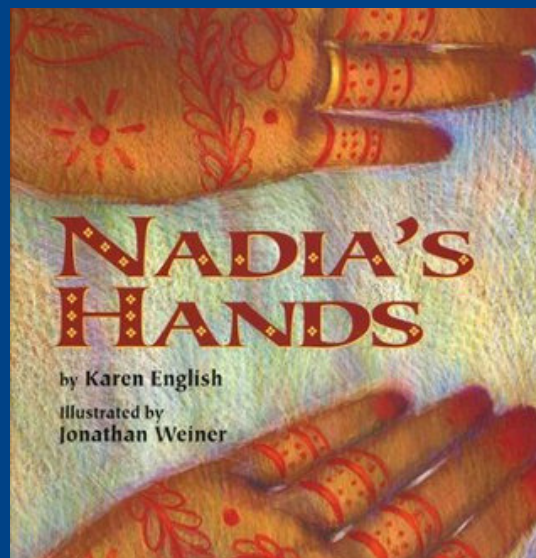
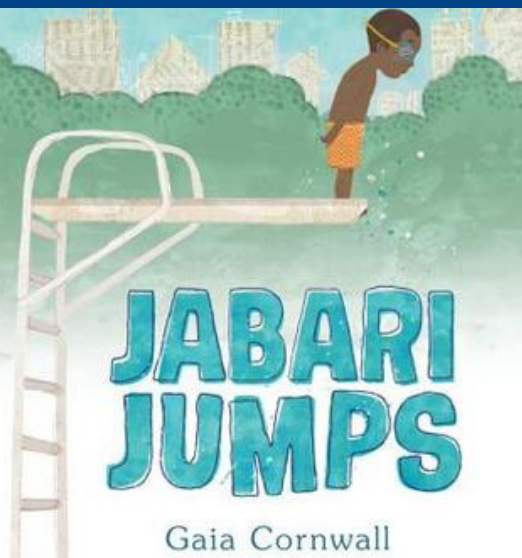
Recognizing & naming your emotions; having confidence and optimism

- A Gift from Papá Diego/Un regalo de Papá Diego*, by Benjamin Alire Saenez
- Anna Hibiscus' Song*, by Atinuke
- Crown: Ode to the Fresh Cut*, by Derrick Barnes
- How Are You Peeling? Foods with Moods*, by Saxton Freymann
- I Love My Hair*, by Natasha Anastasia Tarpley
- In My Family/En mi familia*, by Carmen Lomas Garza
- Looking Like Me*, by Walter Dean Myers
- Lots of Feelings*, by Shelley Rotner
- Mama's Sari's*, by Pooja Makhijani
- My Cold Plum, Lemon Pie, Bluesy Mood*, by Tameka Fryer Brown
- Out of my Mind*, by Sharon Draper
- The Colors of Us*, by Karen Katz
- The Three Names of Me*, by Mary Cummings
- The Way I Feel*, by Janan Cain
- Too Many Tamales*, by Gary Soto
- Yesterday I Had the Blues*, by Jeron Ashford Frame

### SELF-MANAGEMENT

Managing emotions and behaviors; working toward personal goals

- Big Red Lollipop*, by Rhuksana Khan
- Brown Girl Dreaming*, by Jacqueline Woodson (Novel)
- Charlotte and the Quiet Place*, by Deborah Sosin
- Esperanza Rising*, by Pam Muñoz Ryan (Novel)
- Grump, Groan, Growl*, by Bell Hooks
- Jabari Jumps*, by Gaia Cornwall
- Knock Knock: My Dad's Dream For Me*, by Daniel Beaty
- My Name is María Isabel*, by Alma Flor Ada (Chapter book)
- Serafina's Promise*, by Ann E. Burg (Novel in verse)
- Sky Sisters*, by Jan Boudreau Waboose
- Sometimes I'm Bombaloo*, by Rachel Vail
- The Day of Ahmed's Secret*, by Florence Parry Heide
- The Heart of a Chief*, by Joseph Bruchac (Novel)
- Twist: Yoga Poems*, by Janet Wong
- Upside Down Boy/El niño de cabeza*, by Juan Felipe Herrera
- When Sophie Thinks She Can't*, by Molly Bang



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## SOCIAL AWARENESS

Ability to take perspective of and empathize with others

- Deep in the Sahara*, by Kelly Cunnane  
*Enemy Pie*, by Derek Munson  
*Halmoni's Picnic*, by Sook Nyul Choi  
*I am New Here*, by Anne Sibley O'Brien  
*I Love Saturdays y domingos*, by Alma Flor Ada  
*Indian Shoes*, by Cynthia Leitich Smith (Short Stories)  
*Mama's Nightingale*, by Edward Danticat  
*Mirror*, by Jeannie Baker  
*Muskrat will be Swimming*, by Cheryl Savageau  
*My Two Blankets*, by Irena Kobald  
*Nadia's Hands*, by Karen English New Shoes, by Susan Myer  
*Rain School*, by James Rumford  
*Shades of People*, by Shelly Rotner  
*Suki's Kimono*, by Chieri Uekagi  
*Take Me Out to the Yakyu*, by Aaron Meshon  
*The Ugly Vegetables*, by Grace Lin  
*Wonder*, by R.J. Palacio (novel)

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## RELATIONSHIP SKILLS

Building & maintaining positive relationships

- A Friendship for Today*, by Patricia McKissack (Novel)  
*Across the Alley*, by Richard Michelson  
*Crossing Bok Chitto*, by Tim Tingle  
*Danitra Brown Leaves Town*, by Nikki Grimes  
*Each Kindness*, by Jacqueline Woodson  
*Four Feet, Two Sandals*, by Karen Williams  
*Grandfather Counts*, by Andrea Cheng  
*I Miss Franklin P. Shuckles*, by Ulana Snihura  
*Make Way for Dymonde Daniel*, by Nikki Grimes  
*Margaret and Margarita/Margarita y Margaret*, by Lynn Reiser  
*My Name is Sangoel*, by Karen Williams and Khadra Mohammed  
*Pink and Say*, by Patricia Polacco  
*Sitti's Secret*, by Naomi Shihab Nye  
*Sumi's First Day of School Ever*, by Soyung Pak  
*The Name Jar*, by Yangsook Choi

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## RESPONSIBLE DECISION-MAKING

Making decisions considering the well-being of self and others

- A Chair for my Mother*, by Vera B. Williams  
*Crow Boy*, by Taro Yashima  
*First Day in Grapes*, by L. King Perez  
*Freedom Summer*, by Deborah Wiles  
*Grandmama's Pride*, by Becky Birtha  
*Hello Universe*, by Erin Entrada Kelly  
*King for a Day*, by Rhuksana Khan  
*Mama Provi and the Pot of Rice*, by Sylvia Rosa-Casanova  
*My Heart Will Not Sit Down*, by Mara Rockcliff  
*The One Day House*, by Julia Durango  
*Sam and the Lucky Money*, by Karen Chinn  
*Say Something*, by Peggy Moss  
*Wings*, by Christopher Myers  
*Wishtree*, by Katherine Applegate

