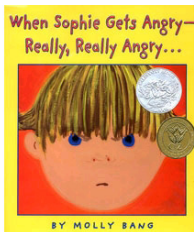


## Children's Literature that Supports Social and Emotional Learning

Distributed by **Peg Sawyer, B.S.Ed., Open Circle Trainer and Coach**, during her presentation on November 3, 2011, "Using Children's Literature to Support Social and Emotional Learning," a Wellesley Centers for Women lunchtime seminar; listen online: [www.wcwonline.org/audioarchive](http://www.wcwonline.org/audioarchive). For more recommended children's books, visit: [www.open-circle.org/literature](http://www.open-circle.org/literature).

### Self Awareness

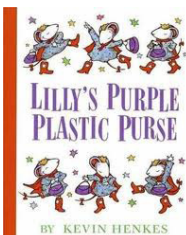
Recognizing and naming your emotions, self-knowledge



- Bang, Molly. *When Sophie Gets Angry, Really, Really Angry*  
 Cain, Janan. *The Way I Feel*  
 Evans, Lezlie. *Sometimes I Feel Like a Storm Cloud*  
 Dr. Francher, Lou Seuss. *My Many Colored Days*  
 Frame, Jeron Ashford. *Yesterday I Had the Blues*  
 Freymann, Saxton. *How Are You Peeling? Foods with Moods*  
 George, Kristine O'Connell. *Swimming Upstream: Middle School Poems*  
 Kachenmeister, Cheryl. *On Monday When it Rained*  
 Menchin, Scott. *Taking a Bath With a Dog*  
 Myers, Walter Dean. *Looking Like Me*  
 Rotner, Shelley. *Lots of Feelings*  
 Vail, Rachel. *Sometimes I'm Bombaloo*  
 Viorst, Judith. *Alexander and the Terrible, Horrible, No Good, Very Bad Day*

### Self Management

Calming down when you feel upset, using positive self-talk



- Henkes, Kevin. *Lilly's Purple Plastic Purse*  
 Hooks, Bell. *Grump, Groan, Growl*  
 MacLean, Kerry Lee. *Peaceful Piggy Meditation*  
 Piper, Watty. *The Little Engine that Could*  
 Kosteck-Shaw, Jenny Sue. *My Travelin' Eye*  
 Urban, Linda. *Mouse Was Mad*  
 Wong, Janet. *Twist: Yoga Poems*

## Social Awareness

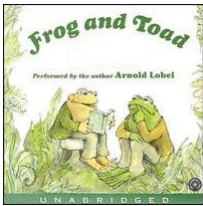
Recognizing differences, perspective-taking, developing empathy



Baskin, Nora Raleigh. *Anything but Typical*\*  
Erskine, Kathryn. *Mockingbird*\*  
Graff, Lisa. *The Thing about Georgie*\*  
Harper, Charise Mericle. *Just Grace*\*  
Keats, Ezra Jack. *Louie*  
Leffler, Maryann. *Jack's Talent*  
Lord, Cynthia. *Rules* \*  
McPhail, David. *The Teddy Bear*  
Raschka, Chris. *Yo! Yes*  
Recorvits, Helen. *My Name is Yoon*  
Rotner, Shelley. *Shades of People*  
Schmidt, Gary. *Lizzie Bright and the Buckminster Boy*\*  
Stead, Philip C. *A Sick Day for Amos McGee*  
Walsh, Melanie. *My Nose, Your Nose*  
Wiles, Deborah. *Freedom Summer*

## Relationship Skills

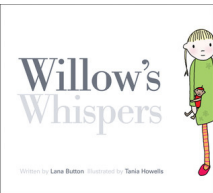
Forming positive relationships, listening well, including others, cooperating



Lobel, Arnold. *Frog and Toad*  
Gimes, Nikki. *Danitra Brown, Class Clown*  
Snihura, Ulana. *I Miss Franklin P. Shuckles*  
McKissack, Patricia. *A Friendship For Today*\*  
Cohen, Miriam. *Will I Have a Friend?*  
Janisch, Heinz. *I Have a Little Problem Said the Bear*  
Saltzberg, Barney. *Crazy Hair Day*  
Sidman, Joyce. *This is Just to Say: Poems of Apology and Forgiveness*

## Responsible Decision-Making

Problem-solving, speaking up, dealing with bullying behavior



Button, Lana. *Willow's Whispers*  
Lester, Helen. *Me First!*  
O'Connor, Barbara. *How to Steal a Dog*\*  
Recorvits, Helen. *Yoon and the Jade Bracelet*  
Estes, Eleanor. *The Hundred Dresses*\*  
Yashima, Taro. *Crow Boy*  
Brisson, Pat. *The Summer my Father Was Ten*  
Moss, Peggy. *Our Friendship Rules*  
Henkes, Kevin. *Chrysanthemum*  
Golenbock, Peter. *Teammates*  
Polacco, Patricia. *Thank You Mr. Falker*

\* = chapter books or novels