



open circle®

getting to the heart of learning

The Pro-Social Educator

Overview

This workshop series explores how enhancing educators' social and emotional competency (SEC) can help increase their engagement in teaching, strengthen their relationships with students, and improve their stress management, all of which lead to improved student outcomes. Through interactive exercises, participants examine the connection between self-management and effective teaching, learn to identify early signs of burnout, reconnect to their identity as a teacher, and develop a self-care plan for managing stress. They review the latest research related to adult SEC and how it can support effective classroom management and adult emotional regulation. They also examine their relationships with their most challenging students and strategize ways to develop better relationships with these students and their families.

Participation in this program includes:

- On-site workshop series
- Baseline and outcome assessments
- Integrated prompts for reflection between workshops
- Three consultations with principal
- 1 Professional Development Point for each hour of training completed

Who Should Attend

This program is designed for all members of your school community.

Fee: \$3,000 plus travel costs (if applicable)

🏫 This program is provided at your school. Call 781-283-3277 for scheduling.